



## **Lolita San Miguel and her Disciples invite you to the 2020 Pilates Day Memorial Celebration**

**Come to bond, celebrate and pay homage at  
Ferncliff Cemetery to Joseph and Clara Pilates**

Join in on numerous Pilates events and workshops in NYC  
April 30 to May 2, 2020



Ton Voogt & Michael Fritzke



Lolita San Miguel



Blossom Leilani Crawford



Renata Sabongui



Ann Toran



Brent Anderson

# PILATES DAY SCHEDULE

**Thursday, April 30**

7:00-9:30PM

**Broadway Show Tina – the Tina Turner Musical**

**Friday, May 1**

9:30-4:00PM

## Pilates Workshops

### Location 1

**Bryant Park Hotel**  
Matwork Classes

8:30 AM

**Welcome**

9:00-11:00 AM

**Lolita San Miguel**

11:20-12:45 PM

**Ton Voogt & Micheal Fritzke**

1:00-2:30

**Brent Anderson**

3:00-4:30 PM

**Blossom Crawford**

### Location 2

**Pilates Reforming NY**  
Reformer Classes

8:30 AM

**Welcome**

9:00-11:00 AM

**Ton Voogt & Micheal Fritzke**

11:20-12:45 PM

**Ann Toran**

1:00-2:30 PM

**Blossom Crawford**

3:00-4:30 PM

**Renata Sabongui**

### Location 3

**Pilates Reforming NY**  
Studio Circuit Classes

8:30 AM

**Welcome**

9:00-11:00 AM

**Brent Anderson**

11:20-12:45 PM

**Renata Sabongui**

1:00-2:30 PM

**Lolita San Miguel**

3:00-4:30 PM

**Ann Toran**

4:50-6:20PM

## Pilates Walking Tour

6:30-8:30PM

**History Lecture with Wine & Cheese Reception**

“From Joe to the Elders to Now”





**Saturday, May 2**

## **Pilates Memorial Day**

9:00-10:30AM

### **Lolita's Free Public Mat Class**

at Bryant Park

12:00-3:00PM

### **Memorial Service**

at Ferncliff Cemetery

5:00-8:30PM

### **Memorial Celebration Dinner**

At Bryant Park Hotel Loft Terrace, 24<sup>th</sup> Floor



## **Registration Options & Prices**

Please click this [link](#) to register and chose which package suits you best. There is limited space to all events except the free public mat class in Bryant Park.

If you bring a guest, they must fill out their own registration form. After submitting the registration form, you will be automatically rerouted to PayPal for payment.

If you do not have PayPal or do not want to pay by credit card, please contact Lillian Velazquez to arrange another form of payment at [lillian@lolitapilates.com](mailto:lillian@lolitapilates.com) or call [954-736-0080](tel:954-736-0080).

#### **Option 1:**

All Workshops  
Lecture & Reception  
Pilates Memorial Day  
Gala Dinner (included)

**\$ 545.00**

#### **Option 2:**

Broadway Show  
All Workshops  
Lecture & Reception  
Pilates Memorial Day  
Gala Dinner (included)

**\$745.00**



# Details of Scheduled Events

## **Broadway: Tina- the Tina Turner Musical attend with Lolita San Miguel**

**Thursday, April 30 at LUNT-FONTANNE THEATRE, 7 pm**

What better way to start a night in New York City than by joining Lolita and her colleagues for a fun and entertaining evening on Broadway. Tickets are limited and you must register by March 21<sup>st</sup>. Click [here](#) for more information about the show.

**Friday, May 1<sup>st</sup> Pilates Walking Tour, 4:30- 6:00 pm**

Join Lolita's Disciples on a historical walking tour around Manhattan visiting all the places, buildings and studios that have impacted the Pilates History and where the Pilates legacy all started with Joe & Clara and the Elder Master Teachers.

**History Lecture "From Joe to the Elders to Now"**

**Wine & Cheese Reception, 6:00 -8:00pm**

Learn more in depth about the History of the Pilates Method thanks to Ken Edelman sharing his archival information.



## **Pilates Memorial Day**

**Saturday, May 2 - 9:00AM to 8:30PM**

**Lolita's Free Public Mat Class,**

**9:00 AM- 10:30 AM**

Bryant Park Public Mat class is an amazing experience to enjoy a Pilates Mat class outdoors surrounded by New York City's Skyline taught by Elder Master Teacher Lolita San Miguel. Please bring your own mat with you.

**Charter Bus – 11:15AM** Meet at the corner of 5<sup>TH</sup> Avenue & West 40<sup>th</sup> Street, Bryant Park

**Memorial Service at Ferncliff Cemetery, 2:00 - 3:00 PM**

Travel together with us all by a private Bus to Ferncliff Cemetery for Lolita's traditional Memorial Service, honoring and remembering Joseph & Clara Pilates and all teachers who have passed away. Pay tribute to Joseph & Clara's ashes, with a moment to gather, remember and honor our professional parents.

**Celebration Gala Dinner, 5:00 – 8:30 PM**

Enjoy a succulent buffet dinner while making new friends and getting to know each other further, sharing stories and our passion for the method. Join Lolita San Miguel, Ken Edelman, Ton Voogt & Michael Fritzke, Renata Sabongui, Blossom Crawford, Brett Howard and all of Lolita's close friends and teachers having a good time before seeing each other again in 2022!



## Location

The main activities such as the workshops, the Lecture with its Wine & Cheese Reception on Friday May 1 and the Gala Dinner on Saturday night May 2, will mainly be held at The Bryant Park Hotel.

## Accommodations

We highly recommend staying at *The Bryant Park Hotel* where you will be able to benefit from LUXURY SERVICE: A Forbes 4 Star, AAA 4 Diamond, "Designer Luxury Hotel" receiving countless awards for service & accommodations allowing them to uphold their reputation as a leader in hospitality.

**BEST LOCATION IN NYC:** Directly overlooking NYC's famed Bryant Park we are in a prime midtown location. Easily accessible to key NYC areas via walking, major subway stations, or car including Garment District & Theatre District, Fifth Avenue, Grand Central Terminal, Rockefeller Center and Radio City Music Hall. We are 2 blocks from Times Square.

**RATES:** Superior/Queen Rooms start of at \$285.00/night

For more information please contact directly:

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BRYANT PARK HOTEL

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## Partners

We are extremely lucky and honored to have Balanced Body as our main partner and Sponsor for the Pilates Day Memorial Celebration. Without their help and input this event would not have been possible. Visit their website for more information at:

[www.pilates.com](http://www.pilates.com)



A huge thank you also to Ann and Errol Toran who have enabled us to host some of our workshops at their Pilates Studio: Pilates Reforming New York.

[www.pilatesreformingny.com](http://www.pilatesreformingny.com)

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